



## Talking to your doctor about NAMENDA XR for moderate to severe Alzheimer's disease

Talking to your loved one's doctor is not always easy. It's very common to forget to ask questions or not remember concerns until after you have left the office. That's why being prepared for your visit is so important.

To help you prepare for your visit, print and fill out this guide so that you leave with all the answers that you need.

### Tips for your next visit:

- Tell your doctor that you have recently learned about NAMENDA XR<sup>®</sup> (memantine HCl) extended-release capsules
- Talk to your doctor about adding NAMENDA XR to an AChEI (donepezil, galantamine or rivastigmine). This is also known as combination therapy.
- Discuss with him or her what you've learned about combination therapy for moderate to severe Alzheimer's disease
- Don't be shy. Ask as many questions as you need so that you feel comfortable with any treatment decisions that are made

(Check any questions that you want to ask your doctor)

### Questions about Combination Therapy with NAMENDA XR:

- Is my loved one in either a moderate or severe stage of Alzheimer's disease that would benefit from combination therapy?
- What are the benefits of combination therapy with NAMENDA XR?
- Is my loved one on a treatment that will work with NAMENDA XR?
- Do you think my loved one would benefit from adding NAMENDA XR to his or her treatment?
- Are there any safety concerns with starting NAMENDA XR?
- Will combination therapy with NAMENDA XR be expensive?

NAMENDA XR<sup>®</sup> (memantine hydrochloride) extended-release capsules are approved for the treatment of moderate to severe Alzheimer's disease. NAMENDA XR is available by prescription only.

### IMPORTANT RISK INFORMATION

#### Who should NOT take NAMENDA XR?

NAMENDA XR should not be taken by anyone who is allergic (hypersensitive) to memantine, the active substance in NAMENDA XR, or who has had a bad reaction to NAMENDA XR or any of its ingredients.

#### What should be discussed with the healthcare provider before taking NAMENDA XR?

Before starting NAMENDA XR, talk to the healthcare provider about all of the patient's past and present medical conditions, including:

- Seizure disorders
- Difficulty passing urine
- Liver, kidney, or bladder problems

If the patient is taking other medications (including those without a prescription), ask the healthcare provider if NAMENDA XR is right for the patient.

- Certain medications, changes in diet, or medical conditions may affect the amount of NAMENDA XR in the body and possibly increase side effects.

#### What are the possible side effects of Namenda XR?

The most common side effects associated with NAMENDA XR treatment are headache, diarrhea, and dizziness. This is not a complete list of side effects.

[Please see full Prescribing Information, including Patient Information.](#)

Once-Daily



**Namenda XR**<sup>®</sup>

(memantine HCl) extended release capsules

7 mg, 14 mg, 21 mg, 28 mg

**List any symptoms or symptom changes you have noticed since your loved one's last appointment:**

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# Alzheimer's Disease Tracking Diary

**Week of:** \_\_\_\_\_

**Medications Taken:**

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**Mental Function:**

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**Daily Activities:**

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**Behavior/Attitude:**

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**Appetite/Eating Habits:**

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**Wakeup:** \_\_\_\_\_ **Bedtime:** \_\_\_\_\_

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**Unusual Incidents:**

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